

Thank you, for everything you do!



¡Sientete orgulloso de quien TÚ eres!



¡Gracias por ser el mejor ayudante!



Mentorship is magic!





## Connecting Conversations

Cultivate an “attitude of gratitude” by making gratitude a practice. What are 3 things you’re thankful for? Think of someone who helps and supports you regularly. How can you reach out and thank them?



To learn more about the power of mentoring, scan the QR code!



## Connecting Conversations

Self-esteem plays an important role in how everyone approaches daily life and activities. But feeling confident in yourself can sometimes be a challenge. What’s something new that you’ve always wanted to learn or try?

How can you enlist the help of others to set yourself up for success?



To learn more about the power of mentoring, scan the QR code!



## Connecting Conversations

Helping others doesn’t have to involve a big project or hours of work. Sometimes it’s as simple as being there, lending a listening ear, or showing someone how to do something new. What’s an activity or passion you enjoy that you could help someone else learn about? What’s the first thing you would tell them about this activity or topic?



To learn more about the power of mentoring, scan the QR code!



## Connecting Conversations

Mentoring is important for everyone! Feeling supported and having people to turn to – in good times and bad – can help us set goals, navigate challenges, and dream big. The magic of mentoring is all around us, and there's a role for everyone to play in growing strong relationships for young people.



To learn more about the power of mentoring, scan the QR code!



MISTER ROGERS' NEIGHBORHOOD



Donkey Hodie



I hope it's a beautiful day in your neighborhood!



© The Fred Rogers Company.

Hey-o, buddy!



DONKEY HODIE © 2021, The Fred Rogers Company. All rights reserved



## Connecting Conversations

Exploring your surroundings can be a great way to learn new things and share them with others! What's one of your favorite things about your neighborhood? If you could visit anywhere in the world, where would it be and why?



To learn more about the power of mentoring, scan the QR code!



## Connecting Conversations

Encouragement is so important and can go a long way in showing someone you care. How do you cheer on others when they're working toward a goal or trying to overcome a problem?

What's one thing you can do today to encourage a friend?



To learn more about the power of mentoring, scan the QR code!